

# January 2026

## Children's House Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 <b>Center Closed</b> <b>Happy New Year!</b>	2	
	5 Chicken Patty Seasoned Egg Noodles Green Beans  Milk Pineapple Chunks	6 Sloppy Joes on a Roll (WG) Peas French Fries w/ Ketchup  Milk Peaches	7 Scrambled Eggs w/Cheese Waffles (WG) Hash Browns  Milk Strawberries & Plain Yogurt	8 Chicken Fettuccini Alfredo Steamed Broccoli  Milk Orange Wedges	9 Fish Sticks (tartar sauce optional) Peas Sweet Potato Mash  Milk Pears	
	12 Chicken Nuggets w/BBQ Sauce Tri-Color Seasoned Pasta Corn  Milk Apple Sauce	13 Cheese Ravioli w/Marinara Cauliflower Warm Wheat Roll (WG)  Milk Pineapple	14 Chicken Salad on a Wheat Wrap French Fries Peas  Milk Peaches	15 Baked Meatloaf Green Beans Mashed Potatoes  Milk Apple Wedges	16 Mac & Cheese (HM) Wheat Roll (WG) Steamed Carrots  Milk Pears	
	19 <i>Center Closed in Observance of Martin Luther King, Jr. Day</i> 	20 Chicken Patty w/Marinara and Mozzarella Green Beans Warm Roll (WG)  Milk Applesauce	21 Meatballs in Gravy Rice Pilaf Corn  Milk Orange Smiles	22 Ham & Cheese Sandwich (WG) Chicken Noodle Soup (HM) Peas & Carrots  Milk Mixed Fruit	23 Chicken w/ Country Gravy Buttermilk Biscuits Peas  Milk Pears	
Whole, unflavored milk is served to children under 2. 1%, unflavored milk is served to children over 2. 	26 Penne (WG) w/Meat Sauce Garlic Bread Cauliflower  Milk Tropical Fruit	27 Chicken/Cheese Quesadillas Rice (WG) Salsa Corn  Milk Strawberries and Cream	28 Pancakes w/Syrup Strawberry Yogurt Parfait (fresh strawberries, yogurt and granola) Hash Browns  Milk Pineapple	29 Chicken, Broccoli, and Alfredo Pizza French Fries  Milk Pears	30 Texas Toast Cheese and Turkey Pepperoni Pizza (WG) Green Beans  Milk Blueberries w/ Plain Yogurt	(WG) = Whole Grain Food (HM) = Homemade Soups - LOW Sodium